

# FJARA SHETLAND STEAK, FISH & VEGAN BAR



## ENTREES

Shetland Seafood & Corn Chowder - **£9.00**  
+ with 3 Scallops - **£18.00**

Slow Roasted Beef Short Ribs with Fjara Slaw and Barbecue Sauce - **£9.00**

Shetland Mussels with Shallot, Garlic, White Wine and Cream  
Small - **£7.50**  
Large - **£15.00**

Tempura Marinated Cauliflower Florets, Soy Chilli Dipping Sauce - **£6.50**

## STEAK

Our beef comes from Uradale Farms native Shetland cow, hung for 28 days and is butchered by farmer Jakob Eunson at the Lerwick Abattoir.

All Steaks come with Hand-Cut Chips, Onion Rings, Salt & Pepper Beef Tomato and Fried Mushrooms.

- Sirloin 285g (we suggest cooking Rare - Medium Rare) - **£23.00**
- Rib-Eye 300g (we suggest cooking Medium Rare - Medium) - **£25.00**
- Rump 285g (we suggest cooking Medium - Medium Well) - **£15.00**

Sauces **+£1.00**

Pepper, Blue Cheese, Béarnaise, Roasted Garlic Butter

Fjara Handmade Saussermeat & Beef Burger in a Toasted Brioche Bun with Dressed Salad & Hand Cut Chunky Chips - **£15.00**

- Add for **£1.00 each**; Cheddar Cheese, Bacon, Strathdon Blue Cheese, Portobello Mushroom, Fjara Kohlrabi Slaw, Sliced Tomato

## FISH

Our fish is landed in Scalloway or Lerwick Market and processed at Blydoit Fish Shop in Scalloway. Choose either Panko Breaded, Beer Battered or Grilled.

- Haddock - **£12.00**
- Hake - **£13.00**
- Plaice - **£11.00**
- King Scallops - x3 **£9.00** / x5 **£15.00**
- Panko Breaded Fjara Shetland Seafood Fishcake - **£8.00**

## Sides

- Mash (GF) - **£2.00**
- Hand Cut Chips (GF)(VEG) - **£3.00**
- Garden Peas (GF)(VEG) - **£1.00**
- Tenderstem, Asparagus & Green Beans (GF)(VEG) - **£3.00**
- Skinny Fries (GF)(VEG) - **£3.00**
- Dressed Salad - **£3.00**
- Fjara Slaw (GF) - **£2.00**

## Sauces +£1.00

- Lemon Chilli Olive Oil (GF)(VEG)
- Roasted Garlic Butter (GF)(V)
- Cheddar & Chive (GF)(V)
- Tarragon (GF)
- Isle of Mull Cheddar & Dijon Mustard Rarebit (GF)

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## VEGAN

Roast Sweet Potato, Puy Lentil & Cous Cous Burger in a Toasted Brioche Bun with Avocado, Tomato, Melted Vegan Cheese, Hand Cut or Skinny Fries and Dressed Salad - **£17.00**

Thai Green Curry Veg, Noodles and Toasted Cashew - **£12.00**

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## PEERIE BITES

Fish & Chips - **£6.00**

Mac 'n' Cheese - **£6.00**  
(Big kids) - **£12.00**

Sausage & Mash - **£6.00**

Peerie Noodle Bowl (VEG) - **£6.00**

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## SIDES

Hand Cut Chunky Chips (GF)(VEG) - **£3.00**

Fjara Coleslaw (GF) - **£3.00**

Skinny Fries (GF)(VEG) - **£3.00**

Sweet Potato Skinny Fries (GF)(VEG) - **£3.00**

Mash (GF) - **£2.00**

Plain Noodles (VEG) - **£2.00**

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## PUDDING

Sticky Toffee Pudding with Clotted Cream Ice Cream - **£6.00**

Cranachan (Raspberries, Toasted Oats, Cullis and Whisky and Honey Cream) - **£6.00**

Chocolate Fudge Brownie Pie with Chocolate Chip Ice Cream - **£6.00**

A Selection of Ice Creams or Sorbets (GF)(VEG) - **£4.00**

 Password **fjaracoffee**

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