

## LUNCH 12.00-17.00 (TUE – SAT)

Soup of the Day served with Artisan Bread (VEG, GF) **£5.50**



## LIGHT LUNCH

Served on a range of breads (GF & VEG options available) with dressed leaves

\* Gluten Free Alterations Available

Shetland Smoked Salmon & Cream Cheese in a Toasted Bagel **£7.00**

Classic BLT (Bacon, Lettuce & Tomato) in a Ciabatta **£7.50** + Cheddar £1.00

Fjara ALT (Avocado, Lettuce & Tomato) in a Toasted Bagel **£8.00**

\*VEG available on request

Classic Egg Mayo on a Ciabatta **£5.00**

Shetland Steak Sub, with Caramelised Onion and Jarlsberg Cheese in a Ciabatta **£8.50**

## SIGNATURE LUNCH 12.00-17.00 (TUE – SAT)

\*Gluten Free Alterations Available

Panko Breaded Haddock with Skinny Fries & Peas **£12.50**

Roast Chicken Caesar Salad **£9.50**

- Shredded Roast Chicken, Romaine Lettuce, Croutons, Parmesan with Classic Dressing

Fjara Saussermeat & Beef Burger in a Toasted Brioche Bun with Skinny Fries & Side Salad **£12.00**

Fjara Handmade Fish Cake served with a Garnished Side Salad **£8.00**

Shetland Mussels **£7.50/15.00**

- With Garlic Butter, Shallots, Pinot Grigio, Parsley & Cream, Served with Fjara Bread

Chicken Drumstick; Thai Roasted OR Crispy Fried served with Skinny Fries **£10.00**

Fjara Ramen Noodle Bowl; Organic Shetland Beef, Chicken or Vegan **£9.00/8.00/7.00**

Fjara Pie for One; Shepherds or Cottage – Organic Uradale Lamb/Beef with Vegetables, in a Rich Gravy topped with Creamy Mash Potato & served with peas **£9.00**

## CHILDREN

Soup of the Day - **£2.50**

Sausage Fries & Beans - **£4.50**

Cheese/ Ham Sandwich with Fries - **£4.00**

Peerie Breaded Fish & Fries - **£6.50**

## SIDES

Skinny Fries (V, GF) - **£3.00**

Sweet Potato Fries (V, GF) - **£3.00**